



Core Nursery Rhymes

Experts in literacy and child development have discovered that if children know eight nursery rhymes by the time they're four years old, they're usually amongst the best readers by the time they're eight.

Mem Fox

Core Nursery Rhymes

Our ten 'Core Nursery Rhymes' are a selection of familiar action rhymes that are sung and shared with our children regularly, helping to aid their cognitive and language development.



Our 10 Core Nursery Rhymes

- Baa, Baa Black Sheep
- Incy Wincy Spider
- Row Row Row your Boat
- Twinkle Twinkle Little Star
- Hickory Dickory Dock
- 1,2,3,4,5 Once I Caught A Fish Alive
- Humpty Dumpty
- Wind the Bobbin Up
- Ten Fat Sausages
- The Grand Old Duke of York

What are the benefits

- Nursery rhymes are fun and easy to learn
- They help to increase children's vocabulary
- Repetition of rhyme is good for the brain, teaching children how language works
- Rhymes are important for language acquisition and help with speech development
- Mouth and tongue muscles are developed as children say these rhymes
- Familiarity with nursery rhymes support children's early literacy skills.
- Nursery rhymes are full of patterns, sequencing, number and counting, supporting children's mathematical development
- Nursery rhymes can help to improve children's focus and concentration.

How can I help at home?

- Be yourself and have fun!
- Sing familiar rhymes and make some up together
- Ask your child about the rhymes they are singing in nursery, can they show you the actions?
- Borrow nursery rhyme books from the library
- Listen to and join in with nursery rhyme CD's in the car
- Use soft toys and other household items or pictures as props
- Sing rhymes, missing out words for your child to add.



Useful Links:

www.bbc.co.uk/schoolradio

www.wordsforlife.org.uk/songs

www.worldnurseryrhymeweek.com